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COVID-19 Risk factors: at a glance from the BMJ

Strong risk factors	Weak risk factors
History of travel to or residence in a	Air pollution
location reporting community transmission	
of COVID-19 during the 14 days prior to	
symptom onset	
Contact with a confirmed or probable	Climate / latitude
COVID-19 case in the last 14 days prior to	
symptom onset	
People aged 40 to 64 years are at greatest	Residence in urban or deprived areas
risk of infection, followed by patients 75	
years and older, and then people aged 65 to	
74 years	
Residence in long-term care facilities	Vitamin D deficiency
Being male	Statin use
Black, Asian, and minority ethnic (BAME)	ACE inhibitors angiotensin-ii antagonist
groups are at a higher risk of infection and	receptor use
worse outcomes, including an increased risk	
of mortality, compared with the general	
population.	
People with comorbidities (hypertension,	Autoimmune disease
cardiovascular disease, diabetes, chronic	
respiratory disease, malignancy, chronic	
kidney disease, cerebrovascular disease,	
obesity, sickle cell, solid organ transplant,	
those immune suppressed)	
Smokers	Neurological disease
Pregnancy	Thalassaemia
	Children with some underlying conditions
	Blood group A
	Gut dysbiosis

More detail at: <u>https://bestpractice.bmj.com/topics/en-gb/3000168/history-exam#keyFactors</u>