

The next meeting of the Leeds research group has been arranged for Tuesday 19th November, 2019 from 6-30 to 8-30pm. The papers for discussion at the meeting are listed below:

Rollnick S, Butler CC, Kinnersley P, Gregory J, Mash B. Motivational interviewing. *BMJ*. 2010;340:c1900. <https://www.ncbi.nlm.nih.gov/pubmed/20423957>

Gilbert AL, Lee J, Ehrlich-Jones L, *et al*. A randomized trial of a motivational interviewing intervention to increase lifestyle physical activity and improve self-reported function in adults with arthritis. *Semin Arthritis Rheum*. 2018;47(5):732-740. <https://www.ncbi.nlm.nih.gov/pubmed/29096934>

Park J, Esmail S, Rayani F, *et al*. Motivational Interviewing for Workers with Disabling Musculoskeletal Disorders: Results of a Cluster Randomized Control Trial. *J Occup Rehabil*. 2018;28(2):252-264. <https://www.ncbi.nlm.nih.gov/pubmed/28550417>

O'Halloran PD, Blackstock F, Shields N, *et al*. Motivational interviewing to increase physical activity in people with chronic health conditions: a systematic review and meta-analysis. *Clin Rehabil*. 2014;28(12):1159-71. <https://www.ncbi.nlm.nih.gov/pubmed/24942478>

Davis R, Campbell R, Hildon Z, *et al*. Theories of behaviour and behaviour change across the social and behavioural sciences: a scoping review. *Health Psychol Rev*. 2015;9(3):323-44. <https://www.ncbi.nlm.nih.gov/pubmed/25104107>

Michie S, van Stralen MM, West R. The behaviour change wheel: a new method for characterising and designing behaviour change interventions. *Implement Sci*. 2011;6:42. <https://www.ncbi.nlm.nih.gov/pubmed/21513547>

Friedrich M, Cermak T, Maderbacher P. The effect of brochure use versus therapist teaching on patients performing therapeutic exercise and on changes in impairment status. *Phys Ther*. 1996;76(10):1082-8. <https://www.ncbi.nlm.nih.gov/pubmed/8863761>

Bernaards CM, Ariëns GA, Knol DL, Hildebrandt VH. The effectiveness of a work style intervention and a lifestyle physical activity intervention on the recovery from neck and upper limb symptoms in computer workers. *Pain*. 2007;132(1-2):142-53. <https://www.ncbi.nlm.nih.gov/pubmed/17768009>