

The next meeting of the Exeter research group will take place on Saturday 8th June, 2019 from 10am to 12noon. The papers to be discussed at the meeting are listed below:

Wong JJ, Shearer HM, Mior S, et al. Are manual therapies, passive physical modalities, or acupuncture effective for the management of patients with whiplash-associated disorders or neck pain and associated disorders? An update of the Bone and Joint Decade Task Force on Neck Pain and Its Associated Disorders by the OPTIMa collaboration. Spine J. 2016 Dec;16(12):1598-1630. <https://www.ncbi.nlm.nih.gov/pubmed/26707074>

Bussièrès AE, Stewart G, Al-Zoubi F, et al. The Treatment of Neck Pain-Associated Disorders and Whiplash-Associated Disorders: A Clinical Practice Guideline. J Manipulative Physiol Ther. 2016 Oct;39(8):523-564.e27. <https://www.ncbi.nlm.nih.gov/pubmed/27836071>

Sterling M. Physiotherapy management of whiplash-associated disorders (WAD). J Physiother. 2014 Mar;60(1):5-12. <https://www.ncbi.nlm.nih.gov/pubmed/24856935>

Ritchie C, Ehrlich C, Sterling M. Living with ongoing whiplash associated disorders: a qualitative study of individual perceptions and experiences. BMC Musculoskelet Disord. 2017 Dec 15;18(1):531. <https://www.ncbi.nlm.nih.gov/pubmed/29246144>

Overmeer T, Peterson G, Landén Ludvigsson M, Peolsson A. The effect of neck-specific exercise with or without a behavioral approach on psychological factors in chronic whiplash-associated disorders: A randomized controlled trial with a 2-year follow-up. Medicine (Baltimore). 2016 Aug;95(34):e4430. <https://www.ncbi.nlm.nih.gov/pubmed/27559950>

Berecki-Gisolf J, Collie A, McClure R. Reduction in health service use for whiplash injury after motor vehicle accidents in 2000-2009: results from a defined population. J Rehabil Med. 2013 Nov;45(10):1034-41. <https://www.ncbi.nlm.nih.gov/pubmed/23974853>

Schwerla F, Kaiser AK, Gietz R, Kastner R. Osteopathic treatment of patients with long-term sequelae of whiplash injury: effect on neck pain disability and quality of life. J Altern Complement Med. 2013 Jun;19(6):543-9. <https://www.ncbi.nlm.nih.gov/pubmed/23273259>

Ferrara SD, Ananian V, Baccino E, et al. Whiplash-Associated Disorders : Clinical and medico-legal guidelines on the methods of ascertainment. Int J Legal Med. 2016 Jan;130(1):13-22. <https://www.ncbi.nlm.nih.gov/pubmed/26342284>

Ferrari R, Obelieniene D, Russell A, et al. Laypersons' expectation of the sequelae of whiplash injury. A cross-cultural comparative study between Canada and Lithuania. Med Sci Monit. 2002 Nov;8(11):CR728-34. <https://www.ncbi.nlm.nih.gov/pubmed/12444375>

Otte A. The 'railway spine'--a precursor for the 'whiplash syndrome'? *Med Sci Monit.* 2001 Sep-Oct;7(5):1064-5. <https://www.ncbi.nlm.nih.gov/pubmed/11535958>

Castaldo M, Catena A, Chiarotto A, et al. Do Subjects with Whiplash-Associated Disorders Respond Differently in the Short-Term to Manual Therapy and Exercise than Those with Mechanical Neck Pain? *Pain Med.* 2017 Apr 1;18(4):791-803. doi: 10.1093/pm/pnw266. <https://www.ncbi.nlm.nih.gov/pubmed/28034987>