**Haywards Heath Research Hub Meeting.**

The next meeting of the research hub will be held on Wednesday 2nd March from 7-9pm. The papers for discussion at the meeting are listed below. Some of the papers are free to access, and others will be available through the Elsevier package accessible through the o-zone (<https://members.osteopathy.org.uk/home/>).

[Li YH](http://www.ncbi.nlm.nih.gov/pubmed/?term=Li%20YH%5BAuthor%5D&cauthor=true&cauthor_uid=24586677), [Wang FY](http://www.ncbi.nlm.nih.gov/pubmed/?term=Wang%20FY%5BAuthor%5D&cauthor=true&cauthor_uid=24586677), [Feng CQ](http://www.ncbi.nlm.nih.gov/pubmed/?term=Feng%20CQ%5BAuthor%5D&cauthor=true&cauthor_uid=24586677), et al. Massage therapy for fibromyalgia: a systematic review and meta-analysis of randomized controlled trials. [PLoS One.](http://www.ncbi.nlm.nih.gov/pubmed/24586677) 2014 Feb 20;9(2):e89304. <http://www.plosone.org/article/fetchObject.action?uri=info:doi/10.1371/journal.pone.0089304&representation=PDF>

[Yuan SL](http://www.ncbi.nlm.nih.gov/pubmed/?term=Yuan%20SL%5BAuthor%5D&cauthor=true&cauthor_uid=25457196), [Matsutani LA](http://www.ncbi.nlm.nih.gov/pubmed/?term=Matsutani%20LA%5BAuthor%5D&cauthor=true&cauthor_uid=25457196), [Marques AP](http://www.ncbi.nlm.nih.gov/pubmed/?term=Marques%20AP%5BAuthor%5D&cauthor=true&cauthor_uid=25457196). Effectiveness of different styles of massage therapy in fibromyalgia: a systematic review and meta-analysis. [Man Ther.](http://www.ncbi.nlm.nih.gov/pubmed/25457196) 2015 Apr;20(2):257-64. <http://www.ncbi.nlm.nih.gov/pubmed/25457196>

[Liptan G](http://www.ncbi.nlm.nih.gov/pubmed/?term=Liptan%20G%5BAuthor%5D&cauthor=true&cauthor_uid=23768283), [Mist S](http://www.ncbi.nlm.nih.gov/pubmed/?term=Mist%20S%5BAuthor%5D&cauthor=true&cauthor_uid=23768283), [Wright C](http://www.ncbi.nlm.nih.gov/pubmed/?term=Wright%20C%5BAuthor%5D&cauthor=true&cauthor_uid=23768283), et al. A pilot study of myofascial release therapy compared to Swedish massage in fibromyalgia. [J Bodyw Mov Ther.](http://www.ncbi.nlm.nih.gov/pubmed/23768283) 2013 Jul;17(3):365-70. <http://www.ncbi.nlm.nih.gov/pubmed/23768283>

[Nijs J](http://www.ncbi.nlm.nih.gov/pubmed/?term=Nijs%20J%5BAuthor%5D&cauthor=true&cauthor_uid=18511329), [Van Houdenhove B](http://www.ncbi.nlm.nih.gov/pubmed/?term=Van%20Houdenhove%20B%5BAuthor%5D&cauthor=true&cauthor_uid=18511329). From acute musculoskeletal pain to chronic widespread pain and fibromyalgia: application of pain neurophysiology in manual therapy practice. [Man Ther.](http://www.ncbi.nlm.nih.gov/pubmed/18511329) 2009 Feb;14(1):3-12. <http://www.ncbi.nlm.nih.gov/pubmed/18511329>

[Gamber RG](http://www.ncbi.nlm.nih.gov/pubmed/?term=Gamber%20RG%5BAuthor%5D&cauthor=true&cauthor_uid=12090649), [Shores JH](http://www.ncbi.nlm.nih.gov/pubmed/?term=Shores%20JH%5BAuthor%5D&cauthor=true&cauthor_uid=12090649), [Russo DP](http://www.ncbi.nlm.nih.gov/pubmed/?term=Russo%20DP%5BAuthor%5D&cauthor=true&cauthor_uid=12090649), et al. Osteopathic manipulative treatment in conjunction with medication relieves pain associated with fibromyalgia syndrome: results of a randomized clinical pilot project. [J Am Osteopath Assoc.](http://www.ncbi.nlm.nih.gov/pubmed/12090649) 2002 Jun;102(6):321-5. <http://jaoa.org/article.aspx?articleid=2092685>

[Segura-Jiménez V](http://www.ncbi.nlm.nih.gov/pubmed/?term=Segura-Jim%C3%A9nez%20V%5BAuthor%5D&cauthor=true&cauthor_uid=26492384), [Castro-Piñero J](http://www.ncbi.nlm.nih.gov/pubmed/?term=Castro-Pi%C3%B1ero%20J%5BAuthor%5D&cauthor=true&cauthor_uid=26492384), [Soriano-Maldonado A](http://www.ncbi.nlm.nih.gov/pubmed/?term=Soriano-Maldonado%20A%5BAuthor%5D&cauthor=true&cauthor_uid=26492384), et al. The association of total and central body fat with pain, fatigue and the impact of fibromyalgia in women; role of physical fitness.[Eur J Pain.](http://www.ncbi.nlm.nih.gov/pubmed/26492384) 2015 Oct 22. doi: 10.1002/ejp.807. <http://www.ncbi.nlm.nih.gov/pubmed/26492384>

[Liedberg GM](http://www.ncbi.nlm.nih.gov/pubmed/?term=Liedberg%20GM%5BAuthor%5D&cauthor=true&cauthor_uid=26300656), [Björk M](http://www.ncbi.nlm.nih.gov/pubmed/?term=Bj%C3%B6rk%20M%5BAuthor%5D&cauthor=true&cauthor_uid=26300656), [Börsbo B](http://www.ncbi.nlm.nih.gov/pubmed/?term=B%C3%B6rsbo%20B%5BAuthor%5D&cauthor=true&cauthor_uid=26300656). Self-reported nonrestorative sleep in fibromyalgia - relationship to impairments of body functions, personal function factors, and quality of life.[J Pain Res.](http://www.ncbi.nlm.nih.gov/pubmed/26300656) 2015 Aug 10;8:499-505. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4536834/pdf/jpr-8-499.pdf>

[Sevimli D](http://www.ncbi.nlm.nih.gov/pubmed/?term=Sevimli%20D%5BAuthor%5D&cauthor=true&cauthor_uid=26180320), [Kozanoglu E](http://www.ncbi.nlm.nih.gov/pubmed/?term=Kozanoglu%20E%5BAuthor%5D&cauthor=true&cauthor_uid=26180320), [Guzel R](http://www.ncbi.nlm.nih.gov/pubmed/?term=Guzel%20R%5BAuthor%5D&cauthor=true&cauthor_uid=26180320), [Doganay A](http://www.ncbi.nlm.nih.gov/pubmed/?term=Doganay%20A%5BAuthor%5D&cauthor=true&cauthor_uid=26180320). The effects of aquatic, isometric strength-stretching and aerobic exercise on physical and psychological parameters of female patients with fibromyalgia syndrome.[J Phys Ther Sci.](http://www.ncbi.nlm.nih.gov/pubmed/26180320) 2015 Jun;27(6):1781-6.

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4499983/pdf/jpts-27-1781.pdf>

[Rahman A](http://www.ncbi.nlm.nih.gov/pubmed/?term=Rahman%20A%5BAuthor%5D&cauthor=true&cauthor_uid=24566297), [Underwood M](http://www.ncbi.nlm.nih.gov/pubmed/?term=Underwood%20M%5BAuthor%5D&cauthor=true&cauthor_uid=24566297), [Carnes D](http://www.ncbi.nlm.nih.gov/pubmed/?term=Carnes%20D%5BAuthor%5D&cauthor=true&cauthor_uid=24566297). Fibromyalgia.[BMJ.](http://www.ncbi.nlm.nih.gov/pubmed/24566297) 2014 Feb 24;348:g1224. <http://www.ncbi.nlm.nih.gov/pubmed/24566297>

[Baron R](http://www.ncbi.nlm.nih.gov/pubmed/?term=Baron%20R%5BAuthor%5D&cauthor=true&cauthor_uid=25341959), [Perrot S](http://www.ncbi.nlm.nih.gov/pubmed/?term=Perrot%20S%5BAuthor%5D&cauthor=true&cauthor_uid=25341959), [Guillemin I](http://www.ncbi.nlm.nih.gov/pubmed/?term=Guillemin%20I%5BAuthor%5D&cauthor=true&cauthor_uid=25341959), et al. Improving the primary care physicians' decision making for fibromyalgia in clinical practice: development and validation of the Fibromyalgia Detection (FibroDetect®) screening tool.[Health Qual Life Outcomes.](http://www.ncbi.nlm.nih.gov/pubmed/25341959) 2014 Oct 24;12:128. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4221679/pdf/12955_2014_Article_128.pdf>