National Council for N C O R Osteopathic Research

NCOR monthly news bulletin November 2015

Recent research



The following papers are available to UK registered osteopaths and final year osteopathy students via the o zone, the General Osteopathic Council website:

https://www.osteopathy.org.uk/ozone/resources/research/research-journals/

Nelson E, Eftimovska E, Lind C, Hager A, Wasson J, Lindblad S. **Patient reported outcome measures in practice.** *The British Medical Journal,* 2015;350:g7818. Available online at http://bit.ly/bmj-proms

Hertel J, Denegar C. **Practice-Based Research Networks: Making Clinical Research a Reality in Athletic Training.** *Journal of Athletic Training*, 2012
Sep-Oct; 47(5):487-488. Available online at http://bit.ly/athletics-research-networks

Oliveira V, Ferreira M, Zinto R, Filho R, Refshauge K, Ferreira P. **Effectiveness of Training Clinicians' Communication Skills on Patients' Clinical Outcomes: A Systematic Review.** *Journal of Manipulative and Physiological Therapeutics*, 2015 Oct; 38(8):601-616.

Available online at http://bit.ly/comms-skills



Need some help making sense of the papers? Visit: http://bit.ly/ncor-criticalappraisal for some help with how to critically review a paper.

NCOR's prize-winning poster

On November 5th NCOR's senior research office Carol Fawkes attended the Society For Back Pain Research conference in Bournemouth. Carol presented a poster on her qualitative study which asked patients and clinicians for their views on patient reported outcomes measures. She was awarded the Secretary's Special Poster Prize – congratulations Carol!

PILARS report

This month we've been analysing data from the Patient Incident Learning And Reporting System (PILARS). This completely anonymous website allows osteopaths from around the UK to collaboratively discuss and advise each other on approaches to handling tricky clinical situations.

The final report will be made available to the Osteopathic Educational Institutions and the General Osteopathic Council in order improve our understanding of how osteopaths and osteopathy students cope with difficult areas of clinical practice.

Initial indications are encouraging, suggesting that osteopaths using PILARS are broadly supportive of each other's decision making processes. Those osteopaths who have reported incidents seem appreciative of the advice offered by their colleagues.

We are thankful to osteopaths who are participating in PILARS, and encourage all osteopaths to join the ongoing conversations.

You can access PILARS at http://www.ncorpilars.org.uk

iO Convention

The Institute of Osteopathy convention will be at Runnymede-on-Thames hotel again this year, from November 20th to 22nd, and for the first time there will be a whole stream dedicated to research which will be led by NCOR's director Dr Dawn Carnes.

We will be available to answer questions you may have regarding research in osteopathy, so if you have an interest in conducting research or you want to improve your critical analytic skills then be sure to come and see us.

You can find out more about the iO Convention at http://bit.ly/io-convention-2015

More information about NCOR's PROMS app is available at http://bit.ly/ncor-proms-app

Regional societies

As part of our ongoing efforts to disseminate information on research in osteopathy, we are offering to visit all the UK's osteopathic regional societies.

We should have been in touch with your local society, but if you have yet to hear from us please do get in touch. We would be happy to visit your society and provide your members with an overview of NCOR's projects – past, present and future – and to answer your questions about research in osteopathy.

Keeping up to date





Join us on:

Facebook: http://facebook.com/NCORnews
Twitter: http://twitter.com/ncor_uk
Linkedin: http://bit.ly/ncor-linkedin

Contact us

You can get in touch with us via our website: http://www.ncor.org.uk/contact-us/