

NCOR monthly news bulletin July 2014

Research in the news

Recent research



The following papers are available to UK registered osteopaths and final year osteopathy students via the o zone, the General Osteopathic Council website:

https://www.osteopathy.org.uk/ozone/resources/research/research-journals/

Struyf, F., Nijs, J., Mottram, S., Roussell, N., Cools, A., Meeusen, R. **Clinical assessment of the scapula: a review of the literature**. *British Journal of Sports Medicine*. 2014;48:883-890

Apelby-Albrecht, M., Andersson, L., Kleiva, I., Kvale, K., Skillgate, E., Josephson, A. Concordance of Upper Limb Neurodynamic Tests With Medical Examination and Magnetic Resonance Imaging in Patients With Cervical Radiculopathy: A Diagnostic Cohort Study. *Journal of Manipulative and Physiological Therapeutics*. 2013;36(9):626-632)

Legakis, A., Boyd, B. S. **The influence of scapular depression on upper limb neurodynamic test responses.** *Journal of Manual and Manipulative Therapy.* 2012; 20(2):75–82.



Need some help making sense of the papers? Visit:

http://www.ncor.org.uk/learningonline/critical-appraisal/ for some help with how to critically review a paper.

NCOR's app for collecting Patient Reported Outcome Measures (PROMs)

As mentioned in our last bulletin, NCOR is currently piloting our app to collect PROM data from current and new patients in osteopathic practices. The app works on Android phones and tablets, and a web version is available for laptops and desktop computers.

We would like osteopaths to help pilot the app; this would involve recruiting 15 patients to use the app. The app takes approximately 5 minutes to complete. If you would like to join the pilot, please contact Carol Fawkes at c.fawkes@gmul.ac.uk or by telephone on 07732178308.

Detail about the PROMs project is available at http://www.ncor.org.uk/practitioners/patient-reported-outcome-measures-in-osteopathy/

Research hubs

You can find links to papers being discussed at: http://www.ncor.org.uk/getting-involved/hubs/

Bristol hub: Thursday 24th July from 7-9pm. The topic is the diagnosis and rehabilitation of frozen shoulder.

Haywards Heath hub: Wednesday 17th September from 7-9pm. The topic is the management of tinnitus and temporomandibular joint dysfunction.

Leeds hub: Tuesday 2nd September from 5-30 to 7-30pm. The topic will be the management of incontinence.

Exeter hub: Saturday 18th October from 10-00am to 12-00 noon. The topic will be an update on headache.

If you would like to attend a hub meeting, please get in touch with us: http://www.ncor.org.uk/contact-us/

Keeping up to date







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