

NCOR monthly news bulletin August 2013

New resources on our website

www.ncor.org.uk

Writing for Publication Video

We have added a talk by Steve Vogel, from the British School of Osteopathy to our video webpage, which is entitled 'Writing for Publication'. It is an informative talk covering the process of publication and gives practical advice on developing and submitting a manuscript.

Steve Vogel covers the following topics in his talk:

- What types of articles journals are seeking;
- What makes a strong manuscript;
- How to choose the right journal;
- Manuscript language;
- · Structuring your article;
- Writing the:
 - Abstract
 - Introduction
 - Methods
 - Results
 - o Discussion
 - Conclusion
 - References
 - Cover letter;
- What happens once you have submitted your paper;
- The peer review process;
- Useful resources.



You can view this video at:

http://www.ncor.org.uk/learning-online/videos/

Website feedback



We would like to find out how you are getting on with our website so that we can continue to improve it. We would be very grateful if you could spend a couple of minutes completing our brief online survey:

https://www.surveymonkey.com/s/G5BJSWZ

Recent research



Brink Y, Louw QA. A systematic review of the relationship between sitting and upper quadrant musculoskeletal pain in children and adolescents. *Man Ther.* 2013 Aug;18(4):281-8. doi: 10.1016/j.math.2012.11.003. Epub 2013 Jan 5. A link to this study can be found here

http://www.ncbi.nlm.nih.gov/pubmed/23298827

Hutting N, Scholten-Peeters GG, Vijverman V, Keesenberg MD, Verhagen AP. **Diagnostic Accuracy of Upper Cervical Spine Instability Tests: A Systematic Review.**<u>Phys Ther.</u> 2013 Jul 25. [Epub ahead of print] A link to this study can be found here:

http://www.ncbi.nlm.nih.gov/pubmed/23886844

Pennick V, Liddle SD. **Interventions for preventing and treating pelvic and back pain in pregnancy.** *Cochrane Database Syst Rev.* 2013 Aug 1;8:CD001139. A link to this review can be found at:

http://www.ncbi.nlm.nih.gov/pubmed/23904227

Need some help making sense of the papers? Visit: http://www.ncor.org.uk/learning-online/critical-appraisal/ for some help with how to critically review a paper.

Keeping up to date







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Research hubs

First Oxford NCOR Research Hub Meeting

On Tuesday 30th July a small group of Oxfordshire osteopaths convened for the first NCOR research hub meeting in the region for many years. The hub was set up following the development of the Oxfordshire Osteopathic Network and the subsequent expression of interest in research activity from some of the members. The meeting focused on the discussion of an information leaflet that is being developed for osteopaths to help them communicate with their patients, particularly on the subject of benefit and risk relating to osteopathic treatment. The information leaflet has been derived from the findings of the four adverse events studies commissioned by the General Osteopathic Council and is currently going through various stages of consultation before it is published as an online resource for osteopaths.

The group commented on different aspects of the leaflet, discussed their feelings and experiences relating to communicating benefit and risk to patients and how research could play a part in supporting and informing this area of practice.

Those who attended the meeting felt the discussions were clinically relevant; this led to the general consensus that future meetings should focus on making research relevant to osteopathic practice. At the next meeting on Tuesday 24th September (7-30pm to 9-30pm), the group will critically appraise a research paper and discuss its relevance to clinical practice.



Forthcoming research hub meetings

You can find links to papers being discussed at: www.ncor.orq.uk/getting-involved/hubs/

Bristol - Thursday 19th September from 7 to 9pm.

The meeting will start with a focus group to explore osteopaths' views concerning outcome measures. The latter part of the meeting will include a workshop to explain how to use the Bournemouth outcome measure in clinical practice, and analyse collected data.

Exeter - Saturday 28th September from 10am to 12 noon

Part of the meeting will involve a focus group to identify osteopaths' views on the use of Patient Reported Outcome Measures (PROMs) in clinical practice. If you do not normally attend the hub meetings but would like to join the focus group, please contact us to receive a copy of the Participant Information Sheet, and the consent form.

The other part of the meeting will be to look at the experience of using the Bournemouth Questionnaire in clinical practice. Information concerning the Bournemouth Questionnaire can be found at http://www.ncor.org.uk/wp-content/uploads/2012/12/The-Bournemouth-Questionnaire.pdf.

Haywards Heath hub - Wednesday 9th October from 7pm to 9pm.

The topic for discussion will be continuing to look at exercise(s) for patients with hip and/or knee osteoarthritis. The papers to be discussed at the meeting can be found here: http://www.ncor.org.uk/wp-content/uploads/2013/07/Haywards-Heath-hub-meeting-09.10.2013.pdf

Leeds - Monday 23rd September from 5.30 to 7.30 pm

The topic for this meeting will be The Any Qualified Provider (AQP) system. Pre-meeting information about the system can be found

at https://www.supply2health.nhs.uk/aqpresourcecentre/Pages/AQPHome.aspx.

Oxford hub: - Tuesday 24th September from 7.30pm to 9.30pm

The meeting will start with a short discussion about a draft practitioner information leaflet which has been developed from the findings of the adverse events studies in osteopathy (www.ncor.org.uk/adverse-events-studies/). The second part of the meeting will be a group critical appraisal exercise of a research paper.

If you would like to attend a hub meeting, please get in touch with us: www.ncor.org.uk/contact-us/